

THE AGE OF MENTAL VIRILITY. An Inquiry into the Records of Achievement of the World's Chief Workers and Thinkers. By W. A. Newman Dorland. Price, \$1.00 (Postage 7 cents). New York: The Century Co.

Since Dr. Osler awakened to alarm the easy-going, dawdling public by the announcement that if men did not start to achievement before the age of forty they rarely accomplished anything worth while after that age, there has been a greatly increased interest in the investigation of the subject, and perhaps nothing more to the point has appeared than Dr. Dorland's "Age of Mental Virility." It is a very bright and readable book in spite of a good bit of tabulated matter, which is usually calculated to make heavy reading, and most readers will by experience and inclination agree with the writer that "as there is a physical and natural evolution of the being and of the race, so there is an individual, a tribal or national, and a racial evolution of the mind." To the young may be allowed the brightest flash of genius, but it is the mature who furnish the fruits of deep and profound thought, action dependent on the emotional side of an individual, being shown at a considerably earlier age than is the product of an intellectual mind. The musician, the soldier develop early their brilliant genius—the scientist and the statesman appear later in life. Dr. Dorland allows considerably more scope to man's productive genius than did Dr. Osler, who limited the age between the years of twenty and forty-five, and would seem to counsel that every man prepare for his ultimate success, deliberately waiting for it to mature and come to its proper completion in patience and hope.

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AMERICAN NATIONAL RED CROSS TEXT-BOOK ON FIRST AID RELIEF COLUMNS. By Major Charles Lynch, of the Medical Corps, U. S. A. A Manual of Instruction for the Prevention of Accidents and what to do for Injuries and Emergencies. Prepared for and Indorsed by the American National Red Cross. With a Preface by R. M. O'Reilly, Brigadier-General, Surgeon-General, U. S. A. 74 illustrations. Pocket size, 244 pages, \$1.00 net. P. Blakiston's Son & Co., Philadelphia.

A handy little book and one that easily accommodates itself to small quarters, neatly bound in pale green cloth, ornamented with the red cross. This book gives, first, a brief outline of anatomy and physiology; second, a word on the nature of inflammation; following these with a list of things required in the administration of first aid and

general directions how to use the same. The book is issued for the use of schools, colleges, Y. M. C. A.'s, in the family and for service in the training of the Red Cross Relief Columns. The author, Major Charles Lynch, has been especially detailed by the War Department to act as the medium between that Department and the National Red Cross. His duties are to study and suggest in what way the services of the society can be made most available. He was the United States medical attache to the Japanese Army during the Russian-Japanese war, and while there availed himself of every opportunity to observe the methods of the Japanese who proved themselves so able in the care of the wounded. He has been engaged since that time in organizing First Aid and Relief Columns, lecturing, and otherwise devoting much time to the subject.

Surgeon-General O'Reilly in the preface points out the good which may be done by proper organization and knowledge in times of war or in great calamities.

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**PRACTICE OF MEDICINE FOR NURSES.** A Text-book for Nurses and Students of Domestic Science, and a Hand-book for all those who care for the sick. By George Howard Hoxie, M.D., Professor of Internal Medicine, University of Kansas. With a chapter on the Technic of Nursing by Pearl L. Laptad, Principal of the Training School for Nurses, University of Kansas. Price \$1.50 net. W. B. Saunders Co., Philadelphia, Pa.

A compendium of a practice of medicine this book is; as it covers such an immense subject, or number of subjects so very briefly, its forty-four chapters covering almost twice that number of subjects and the chapter on nursing being reduced to an attenuated sketch of the subject.

Perhaps the most valuable portion of the book is contained in the first three chapters—on the definition of disease and its causes, the cure of disease and the means of determining the condition of patients. The reader who desires to have in very concise form a great deal of information, who likes to get things at a glance,—say the kidneys, their diseases, treatment, and proper diet, to the same on four pages, will find in this work just what she wants, but in the reviewer's opinion the subject matter is treated too discursively to be of value except as a book for hasty reference. The book is very elegantly bound and profusely illustrated.